



Dr. Christopher Eckland

Dr. Eckland joined Mid-America Orthopedics in May of 2019. He specializes in the practice of General Orthopedics and advanced training in Sports Medicine.

Dr. Eckland is a native of Kansas City and graduated high school at Shawnee Mission Northwest. He then attended Kansas State University, graduating with a Bachelor of Science in Biology and Psychology. He then went on to earn his D.O. from, the now, Kansas City University of Medicine and Biosciences. He then completed his residency in orthopedic surgery through Michigan State University at Botsford Hospital outside of Detroit, Michigan. While in residency he was selected as the chief resident in his last year. He then went on to receive specialized, advanced training in Sports Medicine at Orthopedic Research of Virginia in Richmond, Virginia. During this year, he specialized in care of athletes at all levels, which included the Washington Redskins, multiple local high schools, and the Special Olympics.

Dr. Eckland maintains a wide skill set in his expertise of Orthopedics. He focuses on open and arthroscopic treatment of shoulder and knee. He

provides surgical and nonsurgical care of fractures. Dr. Eckland performs numerous knee and shoulder replacements including unicompartmental knee replacements. He maintains multiple academic orthopedic memberships in Orthopedics societies.

Aside from his orthopedic practice, Dr. Eckland is a devoted husband and father of 2 children. He enjoys spending time with his family, traveling, and spending time at the lake. He is excited to be a continued part of the Kansas City community and is accepting new patients.